



Client Information

ACCOUNT DETAILS & SESSION PACKAGE

A few details so we can set up your account, reach you about your sessions, and confirm the package you have chosen.

About you

FULL NAME

TODAY'S DATE

STREET ADDRESS

DATE OF BIRTH

CITY

STATE

POSTAL CODE

How to reach you

CELL PHONE

EMAIL

HOME PHONE

WORK PHONE

Best number to use for scheduling: _____

Your session package

Tick the package you are purchasing. Sessions are one hour, one-on-one, at a time agreed between you and your trainer.



PACKAGE	AMOUNT
☐ 1 session	
☐ 6 sessions	
☐ 12 sessions	
☐ 24 sessions	
☐ Other — number of sessions	
Total amount billed	

START DATE

STANDING APPOINTMENT DAY & TIME

Referral

If someone referred you, please tell us who so we can thank them.

Cancellation policy. An appointment cancelled less than 24 hours before its scheduled time is charged as a completed session. If you need to move a session, the earlier you call the more likely we can find another slot that week.

I confirm that the information above is correct and that I have read and understood the cancellation policy.

CLIENT SIGNATURE

DATE